



FIT FOR PURPOSE

Spa Weekender

13—14 October 2018
Huntington, Cambridgeshire
Marriot Hotel 4* Hotel

Relax, have Fun and Recharge

When was the last time you gave yourself a break that included ministry to your Spirit, Soul and Body?

This weekender includes: teaching, interactive seminars on nutrition and health including menopause, effects of chemical imbalance, power of juicing, prayer affirmations, plus a walk in the countryside

1 NIGHT 2 DAY BREAK

Saturday — Sunday

£110 twin room £135 single room

Rate per person includes: refreshments, Saturday evening 3 course meal, Sunday full english & continental breakfast, seminars, access to steam room, sauna, gym, swimming pool, free health checks, health and nutrition advice by professionals and admin fee

Saturday Day Delegate Rate: £30 includes access to seminars

Spaces Limited

Minimum £35 Deposit

to secure a place by end of June
FOLLOWED BY MONTHLY PAYMENTS

**Full Balance due by
end of August**

**To book a place or for
further information
contact**

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